

Rocky Shores Counseling and Consulting, PLLC

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Licensed in Alaska (LPC), Ohio (LPCC), Texas (LPC, LCDC), Virginia (LPC) and Washington (LMHC)

Terms of Use

Rocky Shores Counseling and Consulting, PLLC

Effective Date: 7/12/2026

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This website is provided for informational and educational purposes only. The information on this website is not intended to replace professional mental health, medical, or legal advice.

No Therapeutic Relationship

Using this website, completing a contact form, sending an email, or leaving a voicemail does not establish a therapist-client relationship.

A therapeutic relationship begins only after:

- An appointment has been scheduled,
- Required intake documents have been completed,
- Informed consent has been reviewed and signed, and
- Services have been mutually agreed upon.

Emergencies

This website is not monitored for emergencies.

If you are experiencing a mental health emergency, call 911, go to your nearest emergency department, or call or text 988.

Do not use the contact form or email for urgent or emergency concerns.

No Guarantee of Results

Every individual is unique. Information presented on this website should not be interpreted as a guarantee of specific outcomes or treatment results.

Professional Information

Information regarding counseling services reflects the professional opinions and clinical judgment of Sarah Brown, MA, LPC, LPCC, LMHC, LCDC, based on current training and experience. Clinical approaches may evolve as professional standards and evidence develop.



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Geographic Availability

Counseling services are provided only to clients who are physically located in a state where Sarah Brown is licensed to practice at the time services are provided.

Availability of services may change based on licensure, regulations, or insurance participation.

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Contact

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